



# Theosophical Order of Service (TOS)

(Founded in February 1908)

A Union of Those who Love in the Service of All that Suffers.

[www.tos-uk.org.uk](http://www.tos-uk.org.uk)

## THE TOS AND YOU

One doesn't have to be a member of the **TOS** to benefit from what it has to offer. It exists to support the **TS** as a place where social action as spiritual practice is valued and actively nurtured. It is here to help you engage in joyful, spiritually aware service as you offer relief to the needy, support to the distressed or the protection of the planet and animals. In short, the **TOS** recognises and supports you in your 'giving dharma'.

If you are not already in contact with the **TOS**, we invite you to get in touch and explore with us how we can best help you follow your heart in helping others. The National Co-ordinator and Secretary are at your disposal (see details below). Explore our website where lots of photos and reports are available showing that we Theosophists may *look* a bit old-fashioned or just plain old – but are actually engaged in lots of hands-on projects ([www.tos-uk.org.uk](http://www.tos-uk.org.uk)). The **TOS** also has a two-monthly electronic newsletter that brings the latest news of service opportunities. To receive it, write to [tos.intouch@gmail.com](mailto:tos.intouch@gmail.com).

We look forward to hearing from you. Consider allowing your ideas, experience and helping hands to enrich the work of **TOS**.

For further information on the TOS, contact  
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